



JORN LIBEERT

SOUND BOWL PRACTITIONER / HEALER / DESIGNER

ABOUT

Born and raised in Belgium, at an early age Jorn was surrounded with a vibrant ambiance of spirituality. Growing up in a house surrounded by Reiki as his mother has been a Reiki Master for 25 years now. Naturally Jorn was drawn to it and given his first initiation of Reiki at the age of 17. Being a musician for as long as he can remember, Jorn has a unique sensitivity to the harmonies and frequencies of sound. Discovering the Tibetan sound bowls about 10 years ago, he's been on a journey to spread the word about this magical sound that makes every cell and atom resonate with the universe.

SOUND RELAXATION

is an ancient art used for thousands of years by Eastern practitioners. The frequencies of the sound bowls therapeutically re-balance the body's natural vibrational frequencies, and clear subtle energetic blockages by aligning cell vibrations for optimal health.

Expect to feel profoundly calm and energized at the same time, and more at peace with yourself following this unique sound bathing session.

Sound influences both mental and physical states of our being. Focusing on subtle changes in sound and vibration, we are able to more easily enter a deeper state of relaxation and awareness. Similar to meditation, we focus on being present in this moment, and let ourselves be inundated in a bath of sound. Here you can discover the magical power of sound bowls.

HEALTH BENEFITS

are wide spread, just to name a few: insomnia, phantom & other pain relief, lower blood pressure, stress & aggression relief, burn-out, fear & phobia, asthma, emotional blocks, depression, deafness, epilepsy, stutter, chakra balance, wellbeing & happiness...



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www.NarayanaSoundBowls.com

[facebook/NarayanaSoundBowls](https://facebook.com/NarayanaSoundBowls)



THE SCIENCE

More than a mystical sound, it is a science:

"Everything is vibration" – Albert Einstein

"If we wish to unlock the secrets of the universe, we must think in terms of energy, frequency and vibration." – Nikola Tesla

What to bring?

For individual sessions, yoga mat and blanket are provided and blanket. For group sessions, best bring your own mat and blanket. For extra comfort you can bring your own blanket. Notify in case you need extra comfort for back.

What do I do?

You don't have to do much. Mainly you lie down and stay relaxed. In group sessions we get introduced shortly and prepare a comfortable ambiance. If you have specific reasons for your attendance, you may share if you wish.

Does it heal?

Sound finds it's way to every cell of your body. It 'shakes up' your body with it's vibration. This can trigger your body into finding it's self healing powers. Specific areas can be treated with one-on-one sessions.

ONE-ON-ONE

Individual session, tailored to your needs. Focused with intensity & deep relaxation.

GROUPS

Group sessions for guided meditation with sound and introduction to sound bowls.

FRIENDS & COUPLES

Invite your friend or loved one for an intimate shared experience. A unique moment of tranquillity





MEDITATIVE

Sound bowls are a great tool to start your meditation for beginners, or to deepen for advanced.

COLLABORATIVE

Are you a yoga teacher, acupuncturist, reflexologist...? Deepen and Expand your clients experience!

Reviews

Chrissie Kourniotis

- Australia

Entrepreneur - Banking & Finance

I recently had a one on one sound bowl session with Jorn when I was in Hoi An & have been changed person ever since!

The energy and talent of this amazing sound Artisan is something I never experienced before and eternally grateful! Do yourself a favour and book in for the best 60 minutes of your life.

Much Gratitude Jorn. You have truly blessed hands and ears.

Warm regards,

Chrissie

Kiki Jones

- USA

Public Relations - Marketing

I know this might sound like every review you've ever heard, however I feel pulled to mention that Jorn really DOES have a gift.

Throughout the many years of going to different sound healers, from gong baths and didgeridoos to crystal bowls, I hadn't embarked upon such a poetic approach to sound healing until Jorn. His



expansive energy is felt throughout as he lets go and surrenders into what is.

The visions I had were quite unique. For the first time in a sound journey, I stepped into my clairvoyance and was able to bring more light to the individual I had the vision for. Powerful stuff indeed.

Thank you for facilitating such an open space that allowed me to bring more light to myself and others.

Kiki



Vibhu Gautam

- India

Art Of Living teacher

I did my first sound bowl session with Jorn a week ago. The first thing that caught my eye was an exquisite oriental setting of differently sized bowls placed in some specific orientation. I could feel that I was up for a nice surprise.

During the session I felt like being transported to an esoteric space filled with different sound vibrations. At some moments I felt like I totally dissolved in those vibrations much like a deep meditation. At the end of the session I felt so relaxed and energetic. All my tiredness was gone.

I recommend you all to have a session with Jorn. You shall be asking for more. At least I do. See you Jorn next time for another session when I am in Danang.

You are truly a master of your craft.

Vibh



Nada Sound

Sound bowl info evening - Da Nang
experience and share



Free Info Session





SPECIAL GUEST WELLNESS PROGRAM



Narayana
SOUND BOWLS

facebook.com/enarayanasondbowls



WALLAWWA
COLOMBO

MON ONE-ON-ONE

5:00 - 6:30 PM
(60 mins per session)

11th
18th
25th

Location: Six On Six (the tea room)
66 Che Lan Vien (Danang)

One-on-One: Set in a traditional tea ceremony room, you are floated away on a wooden table, perfect to send each vibration through the body. An individual sessions, tailored to your needs. Focused with intensity & deep relaxation.



FORT BAZAAR
GALLE FORT

TUE ONE-ON-ONE & DUO's

2:00 - 9:00 PM
(60 mins per session)

5th
12th
21th
28th

Location: Art of Living
Thuy Belle Spa- 95 đường An Dương Vương (Danang)

One-on-One: Individual sessions, tailored to your needs. Focused with intensity & deep relaxation.

Partner & Friends: Invite your friend or loved one for an intimate shared experience. A unique moment of tranquillity



KUMU BEACH
BALAPITIYA

WED GROUPS

5:00 - 6:30 PM
(60 mins per session)

6th
13th
20th
27th

Location: A Luminary Life
193 Ly Thai To, Hoi An

Group session: Set in Hoi An, you can share your experience and meet like minded people. Group sessions for guided meditation with sound and introduction to sound bowls.



CAMELLIA HILLS
DICKOYA

THU ONE-ON-ONE & DUO's

2:00 - 9:00 PM
(60 mins per session)

7th
14th
21th
28th

Location: Art of Living
Thuy Belle Spa- 95 đường An Dương Vương (Danang)

One-on-One: Individual sessions, tailored to your needs. Focused with intensity & deep relaxation.

Partner & Friends: Invite your friend or loved one for an intimate shared experience. A unique moment of tranquillity



GOATFELL
NUWARA ELIYA

FRI ONE-ON-ONE

5:00 - 6:30 PM
(60 mins per session)

15th
22th

Location: Six On Six (the tea room)
66 Che Lan Vien (Danang)

One-on-One: Set in a traditional tea ceremony room, you are floated away on a wooden table, perfect to send each vibration through the body. An individual sessions, tailored to your needs. Focused with intensity & deep relaxation.

Book your treatment @
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